

Are you ready to embark on a new adventure in living? Exploring the idea of relocating to a 55+ community could be the perfect next step. These vibrant and dynamic communities offer a host of amenities, social opportunities, and lifestyle benefits that simply can't be found elsewhere. So, whether you're considering a move in the near future or simply curious about what 55+ communities have to offer, join us as we uncover the many reasons to consider making a 55+ community your next home.

## Benefits of 55+ Adult Communities

### 1. Experience Low-Maintenance Living

In 55+ communities, the concept of low-maintenance living extends beyond mere convenience—it's a lifestyle enhancement. Say goodbye to the tedious tasks of tending to yard work, grappling with heavy snowfall, or worrying about exterior upkeep. Here, the burden of these chores is lifted from your shoulders and expertly managed by the community.



## 2. Stylish, Attractive, and Easy-to-Take-Care-Of Homes

Homes are thoughtfully designed to prioritize comfort and convenience, starting with the ease of single-level living. Residents bid goodbye to stairs and embrace the effortless flow of a home that's perfectly suited to their needs, both now and in the years to come.



## 3. Embrace an Active Lifestyle

In a 55+ community, living an active and healthy lifestyle isn't just encouraged—it's effortlessly woven into the fabric of everyday life. Step outside and discover a wealth of amenities designed to invigorate your mind, body, and spirit.

Many 55+ communities feature scenic walking paths, offering the perfect backdrop for your daily stroll or invigorating jog, friendly competition on the pickleball courts, and pools offering the perfect oasis for relaxation and rejuvenation.



For those seeking a more structured approach to fitness, state-of-the-art fitness rooms provide everything you need to stay in shape and reach your wellness goals. From cardio machines and strength training equipment to group fitness classes led by certified instructors, there's something for everyone to enjoy and benefit from.

## **4. Forge Lasting Friendships**

Fostering a strong sense of neighborhood cohesiveness is at the heart of the 55+ community lifestyle. Step into a world where social connections flourish and lifelong friendships are forged through a diverse array of planned activities and events.

In 55+ communities, carefully crafted social calendars ensure there's never a dull moment. Residents are invited to engage in a variety of activities tailored to their interests and passions. Whether it's joining a book club, participating in fitness classes, or indulging in ice cream socials, there's something for everyone to enjoy right outside their doorstep.



## 5. Security and Peace of Mind

Step into a world where safety and security are top priorities, starting with our gated entrances. Whether you're taking an evening stroll through well-lit streets or enjoying a leisurely bike ride with friends, gated entrances provide an extra measure of protection, allowing you to fully embrace the tranquility and serenity of your surroundings.



## Finding Your Perfect 55+ Community

Now that you've explored the wealth of benefits that come with living in a 55+ community, it's time to embark on your home search journey. Whether you are looking to rent or buy, Brighton offers a variety of options for active adult living to suit your stage of life.

### **Cadence 55+ Active Adult Communities**

For those seeking the epitome of 55+ living, Brighton has three Cadence Communities in Meridian, Idaho at the heart of the Treasure Valley. Whichever location you choose, you'll love the experience of coming home. Cadence's gated entrances lead to amenity-filled communities with walking paths, green spaces, luxurious clubhouses with fitness centers, and activity lounges.

#### **[Cadence Century Farm in South Meridian](#)**

Cadence at Century Farm in the desirable SO|ME District offers an unrivaled combination of

stylish, low-maintenance homes and an array of vibrant community features all nestled within the security of a gated community. Cadence at Century Farm currently has [homes available for sale](#) and for lease.



### **[Cadence at Bainbridge in North Meridian](#)**

With all the premier amenities you desire conveniently located within Cadence at Bainbridge, the lifestyle you've imagined awaits.

There's only one home left for sale in this desirable community in North Meridian, but there's still a chance to [lease a Cadence home in Bainbridge](#). Simplify your life with one lease payment that includes exterior and interior home maintenance, lawn care and snow removal, as well as full access to the Community Clubhouse, amenities and all the community events coordinated by Brighton's award-winning Lifestyle team.



### **[The Cadence Cottages at Paramount in Meridian](#)**

These [rental cottages](#) offer a unique opportunity for senior living somewhere between residence and resort with access to independent living services in your own home. Rent includes interior and exterior home maintenance including lawn care and snow removal. At your Community Clubhouse, you'll enjoy an indoor pool and spa, group fitness opportunities, an activity lounge and tech center, and a gorgeous patio complete with a fireplace. Plus you can enjoy other community amenities at Paramount like the interconnected walking paths, bocce ball, and pickle ball courts.



## **Bri Vibrant 55+ Senior Living Apartments**

Brighton also offers an exciting apartment-living option for active adults, 55 and up. With two Bri locations, one at the Village in Meridian, Idaho, and the other at Station Park in Farmington, Utah, you can enjoy stress-free, low-maintenance living near shopping, dining, and entertainment. And as you've come to expect from Brighton, there are an abundance of amenities and lifestyle activities. Learn more about our Bri locations:

[Bri at the Village - Meridian, Idaho](#)

[Bri at Station Park—Farmington, Utah](#)





From renting to buying, from single-family homes to apartments, you can downsize your home and upgrade your lifestyle when you move into a community thoughtfully planned by Brighton. Which 55+ active adult community will you call home?